COVID-19 Protective Eyewear Guidance

Protective eyewear should be donned **before** interaction with clients.

<table>
<thead>
<tr>
<th>Options</th>
<th>Considerations in selection</th>
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<tbody>
<tr>
<td><strong>Goggles</strong></td>
<td>Goggles provide the most reliable eye protection from splashes, sprays, and respiratory droplets with the snug fit around the eyes. (The characteristics of the goggles that make them the most reliable protection for wearer do result in the concerns with comfort during extend periods of use.)</td>
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| **Face Shield** | The face shield must cover the front and sides of the face to reduce the possibility of splash, spray or respiratory droplets from going around the edges of the shield.  
A single-use face shield **can be re-used by the SAME user** until it becomes cracked or visibility is compromised.  
Label your face shield, clean and disinfect it between uses, and when dry, store in labelled paper or plastic bag. |
| **Safety Glasses** | Safety glasses may be used but they do not provide the same level of protection from splashes, sprays, and respiratory droplets as goggles or face shields.  
If you choose to use them, ensure that they fit snugly with no gaps between the glasses and your face. |

❖ **If you wear prescription glasses**, use a face shield or goggles/safety glasses that fit snugly, with no gaps between the glasses and your face.

**Additional Guidance for the Use of Protective Eyewear**

- Ensure that eye protection is compatible with the respirator or surgical mask so there is not interference with proper positioning of the eye protection or with the fit or seal of the respirator or surgical mask.
- Remove eye protection after the client has left, unless implementing extended use.
- All eye protection should be **cleaned and disinfected** between uses – see below.


**Cleaning and Disinfecting Protective Eyewear**

When manufacturer instructions for cleaning and disinfection are unavailable, such as for single use disposable face shields, consider:

1. Wear gloves; carefully wipe the **inside**, followed by the **outside** of the face shield or goggles using a clean cloth saturated with neutral detergent solution or cleaner wipe.
2. Carefully wipe the **outside** of the protective eyewear with a **healthcare grade** disinfesting wipe.
3. Wipe the outside with clean water or alcohol to remove residue.
4. Fully dry (air dry or use clean absorbent towels).
5. Remove gloves and perform hand hygiene.